

SATURDAY 29th – Adaptive Surfing Workshop & Aloha Welcome!

We are running a training session for Surfing England Affiliated Surf Clubs, Surf Schools & Volunteers throughout Saturday. This will consist of talks on Adaptive Surfing, assistance techniques and then water-based practical skills. There is no requirement to attend the morning, but we hope to welcome you all to Fistril Beach from 1.00 pm for an Aloha Welcome!

09.00 am	Adaptive Surfing Workshop running at the Atlantic Hotel for classroom-based learning and then moving onto Fistril Beach for practical training.
11.30 am	Volunteer Training Session moves to beach for water-based skills. Approx. 40 volunteers attending.
12.30 pm	Break for lunch. One of our sponsors Stance are on-site & may have some ice-creams on offer! Please bring your own lunch.
1.00 pm	Aloha Welcome for Adaptive Surfers/Competitors. We invite you to join us at the beach for a welcome & to meet some of the staff team who will be part of the main competition on Sunday.
1.15 pm	Opportunity for a ‘free surf/paddle’ whilst we have the support of volunteers on-site providing water safety & supporting those who require assistance. We will have the use of 3 beach wheelchairs throughout the whole weekend. This will also provide volunteers and surf coaches a key opportunity to practice transfer techniques.
3.00 pm Approx.	Close up for the day & head to Fistril Beach Bar for a complimentary pint of Korev, kindly offered from our sponsor.

SUNDAY 30th – English National Adaptive Surfing Open

08.15 – 8.30 am	Registration for Competitors
08.30 am	All competitors, staff & volunteers meeting. Head judge talk & event photo.
09.00 am	Competition starts (Subject to conditions).
TBC	Awards Ceremony & Event close.

Important Notice: We will be working with the forecast and conditions in search of contestable waves. We are running the competition on Sunday 30th for the best chance of waves.

Other Information:

- Event Site Address – Headland Road, Newquay, Cornwall, TR7 1HY. Car parking is available here for £8.50/day. There is a ‘drop off grace period’ but this is only 10 minutes. We will be situated adjacent to the Lifeguard station – look for the Surfing England events trailer & gazebos.
- Contact Details – Hannah: hannah@surfingengland.org
- Team England – Any surfers wishing to discuss Team England representation opportunities for 2019, please email adaptiveteam@surfingengland.org to ensure you meet with Andy Joyce and Matt Harwood at the weekend.
- Food – Not included. There are plenty of food outlets available at the beach including Fistral Beach Bar who are supporting the event.
- Toilets – We have hired a disabled toilet which will be at our event site. Other facilities available as part of the main toilet.
- Beach Wheelchairs – We have 3 available for use throughout the day.
- RNLI Lifeguards – Safety cover will be provided throughout the event.
- Plastics - A polite reminder if you can please limit the usage of single use plastics.
- Water – We will have a refill station on-site.
- Camping Offer – Half price overnight stay for £10 available in the Car Park. Pay and give in your registration plate to Fistral Surf Hire Centre. This is only available to people linked with our event for 2019.

With thanks to:

